

## Getting around

This 131 hectare nature reserve is found one mile east of Lewes. A footpath which runs between Lewes and Glynde crosses the reserve, and is a superb way to explore the whole area including Malling Down and Mount Caburn. The footpath may be picked up from Lewes Golf Club car park (parking for club members only), or opposite the post office 350m north of Glynde railway station. The reserve may also be accessed directly from Malling Down on paths which cross the golf course. For the return journey, trains run between Glynde and Lewes hourly, with a journey time of only six minutes.

The footpath is never very steep and usually dry, but the steeper slopes are the best places for flowers and butterflies. There are some stiles and as there are livestock present please ensure that gates are left as you find them.

### Glynde footpath

Grid Reference TQ456089

Nearest Postcode BN8 6ST

Lat Long N 50.861722, E 0.068200

